



Annual General Meeting

January 22, 2026

Land Acknowledgement

We join you from Treaty 6 Territory and the Homeland of the Métis. This land has long supported Indigenous communities through knowledge, healing, and connection.

We recognize that participants are joining from many territories and invite you to reflect on the Indigenous Peoples of the land where you are.

This acknowledgement reflects INCAM's commitment to respectful engagement across diverse knowledge traditions in research.

WHO WE ARE

INCAM is a national research network dedicated to advancing high-quality research and fostering collaboration in traditional, complementary, and integrative medicine (TCIM).



2025 Board of Directors



Anne Leis
Chair



Amanda Baskwill
Past-Chair



Kieran Cooley
Treasurer



Erica Rizzolo
Secretary



Monique Aucoin
Director



Maryam Yavari
Director



Laura Higgins
Director

Establishment of Quorum

Quorum requires:

- At least **60% of Directors** present
- At least **10% of Members** present

Voting is reserved for members.

Observers are welcome to attend and learn more about INCAM.

AGENDA

1. Welcome & Land Acknowledgment
2. Establishment of Quorum
3. Adoption of Agenda
4. Approval of Minutes
5. Board of Directors Report (Highlights)
6. Committee Reports
7. 2025 EOY Financial Report
8. Board Positions Open for Nomination
9. New Business
 - Strategic Plan
 - Membership Needs
10. Q&A
11. Adjournment

Adoption of the Agenda

Motion:

That the agenda be adopted as presented.

Approval of 2024 AGM Minutes

Motion:

That the minutes of the 2024 Annual
General Meeting be approved as circulated.

Highlights from the BOD

- The Board met 8 times via Zoom to support governance and oversight
- An in-person strategic planning meeting was held in Toronto (May 24, 2025) to reflect on INCAM's vision, mission, and strategic priorities within a shifting healthcare landscape
- A key early priority was strengthening connection with members and supporting membership growth through greater relevance
- A survey of current and former members was distributed in November 2025
- The 2026 INCAM Symposium will be held in Saskatoon in October

Committee Reports

CCRF Committee



The Canadian CAM Research Fund (CCRF) is INCAM's annual competitive research funding initiative to support CAM research capacity in Canada, awarding grants up to \$5,000 CAD through a peer-review process.

CCRF Committee



Monique Aucoin
Chair

CCRF Committee



- 2025 Call for Proposals received 2 submissions
- Proposals were evaluated by a panel of 4 reviewers
- Funding was awarded to the proposal led by Seely et al.

Membership & Resources Committee

The Membership & Resources Committee supports INCAM's mission by developing and maintaining valuable member resources and strengthening member engagement.



Membership & Resources Committee



Erica Rizzolo
Co-Chair



Laura Higgins
Co-Chair

Membership & Resources Committee

Expanding INCAM's membership base

- Identifying target audience
- Compiling list of TCIM organizations, businesses and individuals
 - (i) were past members,
 - (ii) are currently members, and
 - (iii) who may be interested in membership in the future
 - (iv) outreach to student and new graduate clinician-researchers

Expanding membership benefits and resources (ongoing)

- Survey development
- Survey sent out to current membership *and* past members Nov. 23rd, 2025
- Survey responses will be analyzed and used to inform the creation of more benefits and resources in 2026

Member Feedback Survey Links


If you haven't yet had the opportunity to complete the feedback surveys, you are welcome to share your input here:

CURRENT MEMBERS



PAST MEMBERS





Communications Committee

The Communications Committee supports INCAM's mission by strengthening how we share research, opportunities, and network activities with members, partners, and the broader TCIM research community.

Communications Committee



Maryam Yavari
Chair

Communications Committee

Activities to Date

- Launched the official INCAM LinkedIn page ([linkedin.com/company/incam-network/](https://www.linkedin.com/company/incam-network/))
- Began regular posting (news, events, member highlights)

Current Priorities / Goals

- Develop a structured webinar series
- Expand speaker invitations to members, experts, and partners
- Share webinar recordings and key takeaways via LinkedIn and YouTube

2025 End-of-Year Financial Report

Kieran Cooley

Treasurer

Current Assets

CIBC Chequings	\$7,367.67
CIBC Savings	\$65,911.47
Investia (Low-Risk Investment Portfolio)	\$65,752.04
TOTAL ASSETS	\$139,031.18

Total asset change in 2025: -\$2,720.06

Operating Revenues

	Q1 & Q2	Q3	Q4	EOY Totals
Membership Fees	\$543.15	\$615.76	\$326.19	\$1,485.10
Fundraising	\$499.00*	\$0.00	\$0.00	\$499.00
Symposium Registration	\$0.00	\$0.00	\$0.00	\$0.00
Symposium Sponsorship	\$0.00	\$0.00	\$0.00	\$0.00
Miscellaneous	\$0.00	\$0.00	\$0.00	\$0.00
TOTAL	\$1,042.15	\$615.76	\$326.19	\$1,984.10

Operating Expenses

	Q1 & Q2	Q3	Q4	EOY Totals
Administrative	\$1,050.39	\$784.00	\$0.00	\$1,834.39
INCAM Admin	\$562.50	\$287.50	\$187.50	\$1,037.50
CCRF	\$5,000.00	\$0.00	\$0.00	\$5,000.00
Communication	\$0.00	\$0.00	\$185.84	\$185.84
Operating Reserve Fund	\$0.00	\$0.00	\$0.00	\$0.00
Special Interest Groups	\$0.00	\$0.00	\$0.00	\$0.00
Symposium Expenses	\$0.00	\$0.00	\$0.00	\$0.00
Miscellaneous	\$0.00	\$2,264.17	\$0.00	\$2,264.17
TOTAL	\$6,612.89	\$3,023.32	\$373.34	\$10,321.90

A blurred background image showing a group of people in business attire sitting around a conference table in a meeting room. The image is out of focus, emphasizing the text overlay.

Board Positions Open for Nomination

Chair Elect (1)

Incoming Chair role; assumes Chair duties when required and transitions to Chair after one term

Must hold a faculty appointment at a Canadian post-secondary institution eligible to hold research grants

Board Member (2)

Participates in board governance and strategic decision-making

Contributes to discussions, votes, and committee work to advance INCAM's mission

Call for Nominations

Nominations are now open for:

Chair-Elect (1)

Board Member (2)

Members may self-nominate or nominate another eligible member.

Please raise your hand or use the chat to indicate interest.

If you would like more time to consider, you are welcome to contact the Board after the meeting at: incam.network@gmail.com.



New Business

Strategic Direction & Planning

The Board has been clarifying INCAM's identity, priorities, and future direction to better serve members and advance our mission.

Our Strategic Foundation

Mission

To serve as an interdisciplinary research network in Canada, supporting and advancing research on traditional, complementary, and integrative healthcare. By fostering high-quality research practices, collaboration, and innovation, we aim to enhance the health and well-being of Canadians through evidence-based integrative health solutions.

Our Strategic Foundation

Vision

We envision a vibrant interconnected community of researchers, practitioners, professionals, and students who contribute to traditional, complementary, and integrative health and healing research.

Our Strategic Foundation

Values

Research-informed Practice

Diversity of Perspectives

Collaboration & Community

Health Equity & Access

Methodological Rigor & Relevance

Stewardship & Good Governance

Strategic Orientations

INCREASE
VISIBILITY &
RECRUITMENT

UNDERSTAND &
ENGAGE
MEMBERS

STRENGTHEN
FINANCIAL
HEALTH &
GROWTH

VALIDATE
IDENTITY, MISSION
& STRATEGIC
FOCUS

FOSTER AN
INCLUSIVE,
NETWORKED
COMMUNITY

Understand & Engage Members

Conduct a Member Census/Survey | Clarify member demographics, professional roles, priorities, and engagement preferences.

Segment Membership Pathways | Tailor activities and offerings by role - e.g., SIGs for clinicians, research incubators for students or early-career academics.

Revise Member Onboarding | Develop a welcoming orientation experience that outlines engagement pathways and connects new members with SIGs or mentors.

Revive SIGs with a New Model | Replace traditional committees with “research circles” - short-term, focused collaborations featured in newsletters or webinars.

Make Research Accessible | Translate and share key research findings in **digestible formats**

Implement Micro-Volunteering | Break tasks into smaller, one-time opportunities (e.g., reviewing content, curating a post) to reduce barriers to participation.

Clarify & Expand Membership Benefits | Define and communicate tangible benefits of membership to improve retention of current members (and attract new members):

Q&A - Your Turn





Adjournment

Thank you for attending!

Learn more or join INCAM

www.incamnetwork.ca

Stay connected with us on LinkedIn

[linkedin.com/company/incam-network](https://www.linkedin.com/company/incam-network)